

Suggested places to look for a caregiver

- ◇ Through word of mouth: friends, your community, and non-profit senior organizations. Ask other caregivers for referrals.
- ◇ On-line employment listing services, newspaper advertisements and public bulletin boards.
- ◇ Local colleges: nursing programs, home health aide and certified nursing assistant programs are good sources of available talent.
- ◇ Home Care Agencies: contact agencies that assist displaced in-home care workers.



For more information about this program, please call:

Clay County Senior Services
816-455-4800

Northland Shepherd's Center
816-452-4536



Northland Shepherd's Center
Helping Seniors Thrive

Caregiver Directed Respite Program

Offering choice to the primary caregiver and care recipient in the selection of their respite care workers.



What is caregiver directed respite?

The *Caregiver-Directed Respite Program* supports primary caregivers in finding their own respite care worker, as well as being responsible for hiring, firing, payroll taxes, and all aspects of being an employer. A community aging specialist will assist you in the process.

The caregiver will be reimbursed for up to 6 hours of weekly respite care, at a rate of \$18 per hour.



Program guidelines

Determination of eligibility for this program will be conducted during a formal assessment by a social worker.

- ◆ Care recipient(s) must be age 60 years of age or older.
- ◆ Care recipient(s) cannot be eligible for Home & Community Based Services (HCBS) if they have Medicaid.
- ◆ Full-time primary caregiver must live in the home with the care recipient. This can be a spouse or other family member.
- ◆ Primary caregiver must demonstrate the cognitive ability to carry out duties of hiring and supervising a respite care worker.
- ◆ For an individual care recipient, net monthly income must not exceed \$3778. For a couple, net monthly income must not exceed \$5112.

Guidelines (continued)

- ◆ Respite care worker must be 18 years of age or older.
- ◆ Respite care worker may provide supervision, light housekeeping, meal preparation, companionship.



What our clients say about CDRP:

- * "I knew I needed to get some extra help when something as simple as going to get a haircut couldn't be done. I'm going to use this respite time for weekly selfcare so I can better care for my brother."
- * "Between my brother, sister and myself, we have done pretty good at helping dad... but have realized sometimes we need a break to do other things. This program will allow us the flexibility to match our needs."